

## PICK OF THE DAY



### **Jamie's Ministry of Food** 9pm C4

Jamie Oliver tackles the diets of the good people of Rotherham in South Yorkshire. This happens to be the home town of Julie Critchlow, the so-called "Burger Mum" who did her best to scuttle Oliver's school-dinners campaign.

### **Dawn Porter: Free Lover** 10pm C4

The up-for-it journalist, who's already tried dieting to a size zero and going naked, now tries extreme ways women find love, including polygamy and being a geisha and a mail-order bride. She starts in California and Germany with so-called "free love".

### **True Stories** 10pm More4

In one of the simplest yet most gut-wrenchingly compelling documentaries in a long while, three brave and articulate middle-aged men recount their experiences of sexual abuse at the same British private school in the 1960s and 1970s.

### **Coming of Age** 10.30pm BBC3

The sexual licence granted by the BBC's digital "yoof" channel is obviously sapping its creativity, and this is yet another witless comedy. It's about a bunch of

A-level students, a sort of "Two Halves of Shandy and a Packet of Condoms".  
**Gerard Gilbert**

