

*digital choice***Ed Potton****Live Uefa
Champions League
Sky Sports 2/ITV4, 7.30pm**

Group E of the Champions League has yet to spark into life, with both the opening games ending in draws. The two British clubs play away from home on matchday two: Manchester United look to have the slightly easier task against the Danish side Aab Aalborg, while Celtic face Villareal who kept United goalless in the last match.

**True Stories: Chosen
More 4, 10pm**

This deft, powerful documentary by Brian Woods takes a compelling look at the largely underexplored area of sexual abuse in Britain's boarding schools. Its subjects were all pupils at Caldicott Boys' Preparatory School in Buckinghamshire in the 1960s and 1970s, where they were abused repeatedly by some of the male staff. With understated skill, Woods presents a cloistered environment in which being singled out by a master at first felt like a privilege. But the bulk of the credit must go to his dignified middle-aged interviewees, who recount their grooming, their abuse and the confusion, silence and pain that followed with eloquence and honesty.

**Born Survivor: Bear Grylls
Discovery, 10pm**

Fresh from battling with Namibian porcupines in the opening episode of his new survival challenge, Grylls moves

on to Zambia. The Old Etonian's bombastic bravado is intact, but, possibly in response to accusations that he misled viewers as to the extent of his valour in previous series, the challenges he faces seem rather tame this time around: negotiating a choppy river, scaling a slightly slippery slope.



Grin and Bear it Grylls visits Zambia (Discovery, 10pm)

